Monitoring Walking

Introduction

Local highway authorities in England and Wales are expected to include a local walking strategy within their local transport plans. As part of the process they should set targets for encouraging walking. Progress towards these targets will need to be monitored.

Local authorities in Scotland may produce local transport strategies. Guidance on the production of strategies emphasises the importance of walking as a mode of travel both in its own right and in the integration of all other modes. It recommends the setting, where appropriate, of local targets.

This leaflet summarises the results of a study for the Department of the Environment, Transport and the Regions (DETR) by the Transport Research Laboratory (TRL), which reviewed techniques currently available to monitor walking activity. Wider information is contained in Guidelines for Providing for Journeys on Foot published by the Institution of Highways & Transportation.

Planning a monitoring programme

Methods for monitoring walking (counts, interviews, etc) exist and need not be complicated. However, establishing a monitoring programme that will provide meaningful data on a regular basis requires careful planning. It is important to define the aspects of pedestrian activity that are most relevant. A local authority concerned with the vitality of its central retail area will be more interested in tracking the flow of pedestrians in the High Street. A school that introduces a travel plan will want to know the modal split, including walk, for its pupils.
Survey methods

<table>
<thead>
<tr>
<th>Basic method</th>
<th>Techniques</th>
<th>Survey Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interviews/questionnaires</td>
<td>Origin/destination interview</td>
<td>Destination</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Cordon/screenline</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Principal routes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Random points</td>
</tr>
<tr>
<td>Household survey</td>
<td></td>
<td>Home</td>
</tr>
<tr>
<td>Travel diary</td>
<td></td>
<td>Home/school/workplace</td>
</tr>
<tr>
<td>Counts (flow or density)</td>
<td>Manual</td>
<td>Destination</td>
</tr>
<tr>
<td></td>
<td>Semi-automatic</td>
<td>Cordon/screenline</td>
</tr>
<tr>
<td></td>
<td>Fully automatic</td>
<td>Principal routes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Random points</td>
</tr>
</tbody>
</table>

**Origin/Destination interviews**

Origin/destination interviews are particularly appropriate for monitoring walking activity and mode share. They can provide information about the distance travelled and the modes used for each journey stage.

**Household surveys and travel diaries**

Household surveys, which may include some form of travel diary, can be useful for obtaining general information about walking (and other modes). Where questions about walking are included in household surveys, they should be kept simple and concentrate on common, easily-defined journeys, particularly education and work journeys.

**Manual counts**

Manual counts are the traditional method for counting pedestrians. Other information can also be recorded, such as gender, approximate age, walking impairment and luggage. The cost of the survey is related directly to survey staff time. If data is required for one day only, manual counts are relatively inexpensive.

**Automatic count methods**

The use of automatic methods for monitoring pedestrian activity is currently very limited amongst local authorities. There are, however, several technologies in use, particularly for commercial purposes.

- **Video imaging**
  Walking activity can be captured by video camera and the data (eg pedestrian flows) obtained automatically by a microprocessor and appropriate software. This may be cost effective where prolonged monitoring is required.

- **Infra-red sensors**
  Infra-red sensors can be used to count pedestrians. The equipment is generally cheaper than video imaging but it is less flexible. It usually requires a bottleneck so that people are walking in single file when breaking the infra-red beam, otherwise the beam may not re-form before the next person walks through. As a result, this approach is unsuitable in town centres or on busy streets.

- **Piezoelectric pressure mats**
  Piezoelectric pressure mats have been used to count pedestrians and cyclists on some off-road paths.

**Survey sites**

**Choosing suitable sites**

Because walk trips are short, and levels of walking can vary considerably from one street to another in the same town, the choice of survey site is important. The count sites should be in areas of high walking activity, such as the approaches to town centres, stations and points where
residential feeder roads join the main highway network.

Counts from sites with high levels of walking activity tend to offer consistent results, which can be readily compared to counts in other places and at other times. However, if sites have very high pedestrian flows, it may be difficult for enumerators to cope. In that event other methods (such as video) may be required, or alternative sites selected.

**Destination surveys**

Surveys at key destinations such as schools, offices and factories can provide valuable data on walking and may allow long term monitoring to be undertaken. This can be compared to a baseline at these destinations. Those organisations with an interest in travel plans may be willing to undertake such surveys. With the addition of surveys at control destinations, it is possible to measure the changes due to travel plans, not only against a particular organisations baseline, but also against the control.

**Cordons and screenlines**

A number of local authorities undertake cordon or screenline traffic counts on a regular basis. If these are manual counts, it may be useful to include pedestrians. That would also enable a better estimate of modal split to be determined. Existing cordons or screenlines may need to be modified to be suitable for monitoring walk trips. Screenlines are generally more suitable for walk trips, as they can cover both radial and orbital trips. The aggregate count across a cordon or screenline is more reliable than the individual counts.

**When to undertake surveys**

The ideal time for monitoring walking activity is when flows are highest. That is usually in June, and is linked to good weather and longer hours of daylight. However, because most walk journeys are for utility reasons, the number of walk journeys per month does not vary greatly - unlike cycling. School holidays influence walking patterns and the purpose of a trip is often time dependent.

It is uncertain to what extent the weather influences the amount of walking activity overall. It is likely that leisure walking is more strongly affected by weather conditions than walking for utility purposes.

**Walks per person per week: 1992/98**

![Graph showing walks per person per week from January to December 1992/98](Source: National Travel Survey)
General principles

• Use national or regional sources of data wherever possible. Principle sources are the National Travel Survey, the Population Census and the Labour Force Survey.
• When local surveys are undertaken, methods and definitions should if at all possible be consistent with national surveys. This will allow comparisons to be made.
• Accurately monitoring the overall level of pedestrian activity at the local level can be difficult and expensive. It will usually be better to undertake selective monitoring of key destinations and journeys, particularly those involved in schemes to promote walking such as safer routes to schools.
• Origin/destination surveys, in town centres, rail stations, workplaces, schools, hospitals or shops, may be the most cost-effective and useful monitoring method. Schools, employers, etc could be requested to undertake simple surveys and to report the results back to the local authority. This latter approach will work best where the third party concerned is involved in some form of travel plan initiative.
• Establish a limited number of surveys and indicators that can be repeated reliably at least annually. Large surveys can provide useful snapshots, but may prove too expensive to repeat regularly.
• Because pedestrian journeys are usually very short, the choice of any screenline or cordon is more critical than it would be for surveys of motor vehicles. The cords used to monitor vehicles may be inappropriate for surveying pedestrians.
• Pedestrian flows at any one location are likely to show more variety from day to day than flows of motor vehicles. One-day counts may provide a useful impression, but are unlikely to form a statistically reliable basis for regular monitoring.
• Manual counts are fairly simple to undertake. They can record additional details such as gender, adult/child, and where people are encumbered or have obvious difficulties with walking.
• Some automatic counting equipment is available, including video cameras, infra-red and piezoelectric sensors.
• Daily pedestrian flows are affected by the weather. The size of the effect appears to be greater than that for motor vehicles but less than that for cyclists.

Technical enquiries

Walking and Cycling, 3/27 Great Minster House, 76 Marsham Street, London SW1P 4DR Tel: 020 7944 2983

References

Monitoring Walking Activity (TRL, 1999) (only available at www.trl.co.uk/environment/monitoring_walking.pdf)
Guidelines for Providing for Journeys on Foot (The Institution of Highways & Transportation, 2000)
Encouraging walking: advice to local authorities (DETR, 2000)
Guidance on Full Local Transport Plans (DETR, 2000)
Traffic Advisory leaflet 2/00, Framework for a local walking strategy (DETR, 2000)
Traffic Advisory leaflet 3/00, Walking Bibliography (DETR, 2000)
Guidance on Local Transport Plans in Wales (National Assembly for Wales, 1999)
Safer Routes to School (Guidance from Scottish Executive, 1999) (available at www.scotland.gov.uk)
Walking in Great Britain (DETR, 1998)
National Travel Survey 1999 Update (DETR, 1999)
Transport Trends (DETR, 1999)
Monitoring personal travel for Local Transport Plans (DETR, 1999) (available at www.clip.gov.uk/groups/transport/sub_transport.htm)
Traffic Advisory Leaflets (TAL) are available to download free of charge on the Department for Transport website www.dft.gov.uk

Sign up for a free e-mail alert to receive notification when a new TAL is published by sending an e-mail to tal@dft.gsi.gov.uk with the subject line "subscribe".

To obtain a printed copy of this and/or other TAL's, contact: DfT Publications, PO Box 236, Wetherby, West Yorkshire, LS23 7NB. Telephone 0870 122 6236. Fax 0870 122 6237. E-mail: dft@twoten.press.net

The Department for Transport sponsors a wide range of research into traffic management issues. The results published in TAL's are applicable to England, Wales and Scotland. Attention is drawn to variations in statutory provisions or administrative practices between the countries.

Within England, enquiries should be made to: Traffic Management Division, Department for Transport, 2/07 Great Minster House, 76 Marsham Street, London, SW1P 4DR. Telephone 020 7944 2478. E-mail: tal@dft.gsi.gov.uk