

CCF COURSE DATA FILE

NAME OF COURSE: Sailing Instructors Course

COURSE CODE: SIC

LOCATION: HMS BRISTOL, Portsmouth, Hants

ACCOMMODATION AND MESSING (if different to course location):

MINIMUM AGE: Officers' Course

PRE-COURSE QUALIFICATIONS REQUIRED: A pre-course sailing assessment will be carried out prior to course start in a minimum wind speed of 11 knots. In the assessment candidates will be expected to:

- a. Sail around a triangular course using all the boats normal equipment.
- b. Sail around same course without a rudder.
- c. Sail tight circles around a stationary boat making one tack and one gibe.
- d. Sail a "follow my leader" course.
- e. Pick up a man overboard dummy.
- f. Land on a lee shore and depart from it.
- g. Anchor or pick up a mooring.
- h. Come alongside a moored boat.
- i. Recover a capsized dinghy.



Applicants must produce a current First Aid certificate (approved by the RYA) and a RYA Powerboat Level 2 certificate before the Instructor Qualification can be issued.

COURSE CONTENT: The course covers the RYA Method used to teach dinghy sailing to novices.

COSTS: Nil

NEXT STAGE:

1. Show this page to your parents and obtain their permission to apply for a place on the course.
2. Download a copy of CCF (RN) Form 27, complete it, and ask one of your parents to countersign it.
3. Hand the form to the Officer in Charge of your RN Section or to the Contingent Commander. He / she will then bid for a place on your behalf.

4. You should hear the result of your application within 10 days of the closure date.