



**COMBINED CADET FORCE
(ROYAL NAVY)**

**CADET'S RECORD OF ACHIEVEMENT
FOR THE
ADVANCED NAVAL PROFICIENCY
CERTIFICATE**

NAME _____

CONTINGENT _____

JOINING DATE _____

LEAVING DATE _____

RN Advanced Proficiency

Strand 1 - The Individual

Topic	Standard required	Date Completed	Signature
Power of Command	On completing this section of the syllabus, a cadet should be able to take charge of a small group of cadets for basic squad drill.		
Leadership Training	Cadets should have an appreciation of the principles of good leadership.		
Individual Topic Presentation	The cadet's presentation should provide evidence of thought and preparation. Advice and help given prior to the presentation should raise the cadet's self-confidence in this area.		

Strand 2 - RN Knowledge

Topic	Standard required	Date Completed	Signature
Ships, Weapons and Aircraft of the RN.	Cadets are expected to learn about the major classes of ships, submarines and aircraft of the Royal Navy. They should know what each class of ship / submarine / aircraft was designed for and should have an appreciation of the its size and main capabilities. Cadets should have a more detailed knowledge of their affiliated ship		
Replenishment at Sea	On completion of this section, cadets should understand why and how warships are replenished at sea.		
Alliances and Peacekeeping - the RN's Role	Cadets should gain an understanding of the Royal Navy's role in National Alliances and World Peacekeeping.		
Equivalent Ranks in the Army and RAF	Cadets should be able to recognise the rank of commissioned officers in the Army and the RAF. They should know the correct form of address to use and whether or not marks of respect should be exchanged.		
RN Command Structure	The cadet should know the command structure of a warship and its relationship to the departmental and divisional systems.		

Promotion to Cadet Leading Hand

For advancement to Cadet LS a cadet must:

1. Complete at least one year's service in the section,
2. Satisfactorily complete the CCF (RN) Proficiency 2001 syllabus,
3. Complete strands 1 and 2 of the CCF (RN) Advanced Proficiency (2001) syllabus and,
4. Be recommended by the OIC.

Strand 3 - Activity Afloat

Topic	Standard required	Date Completed	Signature
Afloat Training	Cadets are expected to experience a minimum of six hours training afloat after the completion of the Proficiency Syllabus. This can be in a yacht, sailing dinghy, powerboat or canoe and should follow the practical syllabuses of the RYA or BCU for the vessel used. Time afloat should be recorded and validated in their personal log.		
Rope Work	Cadets should be able to demonstrate the following skills in the context of their afloat training activities: <ol style="list-style-type: none"> 1. Tie the following: Sheet bend, clove hitch, fisherman's bend, rolling hitch. 2. Heat seal a synthetic rope. 3. Do a common whipping. 		
Sea Terms	Cadets should understand and be able to use the following terms in the context of their afloat training: Windward, leeward, abeam, forward, aft, ahead, astern, to weather, downwind, amidships, quarter, pinching, sailing by the lee, luff, bear away, planing, sternway, broaching.		
IRPC	Cadets should know the action that they would take if they were the skipper of either a sailing or power driven vessel in the following situations: meeting sailing vessels, meeting power driven vessels, following or crossing narrow channels, action of the stand on vessel.		
Pilotage	Cadets should be able to produce and follow a simple pilotage plan for entering, or leaving, a local port by day.		
Meteorology	Cadets should be able to interpret a synoptic chart (metfax) to indicate the likely changes in the weather in their area over a 24 or 48 hour period. This should be related to their training activities afloat.		
Tides	On completion of this section, a cadet should: <ol style="list-style-type: none"> 1. Be able to use local tide tables to determine the time and height of High and Low water on a particular date. 2. Be able to estimate the height of tide at a particular time from the local tide tables. 3. Know that tides produce horizontal as well as vertical movement of the sea. 		
Use of Steering and Hand Bearing Compasses	They should be able to correct courses for variation as this is part of the Expedition Skills strand. They should know possible causes of deviation in a steering compass and how to minimise these. Use of a deviation curve/table for course correction is optional. If it is		

	covered, it is recommended that deviation and variation be combined to give the "compass error" on that heading.		
Elementary Chartwork	At the end of this section cadets should be able to look at an Admiralty Chart, identify major hazards, determine the course to steer between two points and measure the distance between those points.		
Electronic Aids to Navigation	Cadets should have a basic knowledge of the types of electronic navigation equipment, which is available for use in small craft. They should have a basic understanding of the principles behind and the capability of the equipment. They should also be aware of its limitations.		
Distress	Cadets should be aware of the recognised methods of indicating distress, related to their training activities afloat.		
Planning a Short Passage	Cadets should be able to use the knowledge gained from the topics in this strand to plan a short passage either under sail or by powerboat. If possible the cadets should carry out the passage either on a field day or over a weekend.		

Strand 4 - Adventure Training

Topic	Standard required	Date Completed	Signature
<i>This section consists of either an expedition or an "option"</i>			
Expedition	The cadet should successfully undertake an expedition equivalent in standard to that required for the Duke of Edinburgh's Award Scheme Silver Award. A practice expedition carried out in preparation for a D of E Qualifying Venture can be counted for the purposes of CCF (RN) AP		
Option	This is offered as an alternative to the expedition. The option followed should include at least 10 hours of instruction, with additional practice of the skills and techniques involved. When a cadet is already involved in an activity, the intention is that cadets should raise their level of attainment during this section. Option taken: _____		

Record of Field Days, Camps and Courses

Date Started	Date Finished	Event	Location	Activities	Signature

Certificates Gained

Date	Certificate (include level)	Signature