

	Asked of	Frequency	Notes
<b>INTRODUCTION</b>			
<p><b>READ THE FOLLOWING TEXT IN FULL TO RESPONDENTS AND ENSURE THAT THEY UNDERSTAND.</b></p> <p><b>SEE INSTRUCTIONS FOR FURTHER CLARIFICATION</b></p> <p>Now I am going to ask you about occasions in the last week when you spent your time out of doors.</p> <p>By out of doors we mean open spaces in and around towns and cities, including parks, canals and nature areas; the coast and beaches; and the countryside including farmland, woodland, hills and rivers.</p> <p>This could be anything from a few minutes to all day. It may include time spent close to your home or workplace, further afield or while on holiday in England.</p> <p>However this <b><u>does not include</u></b>:</p> <ul style="list-style-type: none"> <li>- routine shopping trips or;</li> <li>- time spent in your own garden.</li> </ul>			<p>Interviewer to check respondent is clear over definition.</p> <p>More detailed briefing note provided to interviewer.</p>

**7 DAY TRIP DIARY SECTION**

<p>1) Firstly I would like to record details of occasions when you made out of door visits during each of the last 7 days.</p> <p>How many times, if at all, did you make this type of visit yesterday/on &lt;DAY&gt;?</p> <p>_____</p>	<p>ALL ENGLAND</p>	<p>WEEKLY – 50 WAVES</p>	<p>Set up so the number of visits taken on each of last 7 days, starting with yesterday, is asked separately, from most recent day to 7 days before interview.</p>
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<p>INTERVIEWER NOTE: A HIGH NUMBER OF VISITS HAS BEEN RECORDED FOR THIS DAY (5 OR MORE). CHECK THAT THIS RESPONSE IS CORRECT.</p>			
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<p><b>INSERT TEXT IF MORE THAN ONE VISIT IN DAY BEING ASKED ABOUT:</b> So, thinking of the [first/second/third] of the visits you took on that day.</p> <p>2) Which of the following best describes where you spent most of your time on this visit?  <b>SHOW SCREEN. RANDOM ORDER. SINGLE CODE.</b></p> <ul style="list-style-type: none"> <li>• In a town or city</li> <li>• In a seaside resort or town</li> <li>• Other seaside coastline (including beaches and cliffs)</li> <li>• In the countryside (including areas around towns and cities)</li> </ul>		<p>WEEKLY – 50 WAVES</p>	
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<p>4) Which of these activities, if any, did you undertake?  <b>SHOW SCREEN. RANDOM ORDER. CODE ALL MENTIONED.</b></p> <ul style="list-style-type: none"> <li>• Eating or drinking out</li> <li>• Fieldsports (e.g. shooting and hunting)</li> <li>• Fishing</li> <li>• Horse riding</li> <li>• Off-road cycling or mountain biking</li> <li>• Off-road driving or motorcycling</li> <li>• Picnicking</li> <li>• Playing with children</li> <li>• Road cycling</li> <li>• Running</li> <li>• Appreciating scenery from your car (e.g. at a viewpoint)</li> <li>• Swimming outdoors</li> <li>• Visits to a beach, sunbathing or paddling in the sea</li> <li>• Visiting an attraction</li> <li>• Walking, <u>not with a dog</u> (including short walks, rambling and hill walking)?</li> <li>• Walking, <u>with a dog</u> (including short walks, rambling and hill walking)?</li> <li>• Watersports</li> <li>• Wildlife watching</li> </ul> <p>OPTIONS BELOW NOT RANDOMISED – ALWAYS AT END OF LIST:</p> <ul style="list-style-type: none"> <li>• Informal games and sport (eg frisbee or golf) (SPECIFY)</li> <li>• Any other outdoor activities (eg climbing) (SPECIFY)</li> </ul>		<p>WEEKLY – 50 WAVES</p>	
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<p><b>ABOVE QUESTIONS 2 AND 4 REPEATED FOR SECOND AND THIRD VISIT ON EACH DAY IF APPLICABLE.</b></p> <p><b>QUESTION 1 THEN ASKED AGAIN FOR EACH DAY OF WEEK, WORKING BACKWARDS.</b></p>			
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<p><b>QUESTION 1 ASKED FOR ALL 7 DAYS BUT QUESTIONS 2 AND 4 ASKED FOR A MAXIMUM OF 10 VISITS.</b></p>			
<p><b>IF NO VISITS TAKEN IN ANY OF LAST 7 DAYS SKIP TO Q17</b></p>			
<p><b>MORE DETAIL ON SINGLE RANDOMLY SELECTED VISIT SECTION</b></p>			
<p>I would now like to ask you some further questions about the [first/second/third] visit to the out of doors you took Yesterday/ on &lt;DAY&gt;. This visit was to [location from Q2] and involved [activities from Q4].</p>			<p>Script set up so that one of the visits taken in last 7 days is randomly selected and asked about in Q6 to Q16</p>
<p>3) How long did this visit last altogether – that is from the time you left to when you returned? <b>RECORD IN HOURS AND MINUTES</b></p> <p>Hours _____ Minutes _____</p>	<p>VISIT TAKERS</p>	<p>WEEKLY – 50 WAVES</p>	<p>Prior to April 2012 this question was asked of all visits and positioned between questions 2 and 4.</p>
<p>5) Which of the following list of types of place best describe where you spent your time during this visit?</p> <p>Select more than one if necessary. <b>SHOW SCREEN. RANDOM ORDER. CODE ALL MENTIONED.</b></p> <ul style="list-style-type: none"> <li>• A woodland or forest (including community woodland)</li> <li>• Farmland</li> <li>• A mountain, hill or moorland</li> <li>• A river, lake or canal</li> <li>• A village</li> <li>• A path, cycleway or bridleway</li> <li>• Country park</li> <li>• Another open space in the countryside</li> </ul> <p>----</p> <p>KEEP TOGETHER IN THIS ORDER:</p> <ul style="list-style-type: none"> <li>• A park in a town or city</li> <li>• An allotment or community garden</li> <li>• A children's playground</li> <li>• A playing field or other recreation area</li> <li>• Another open space in a town or city</li> </ul> <p>----</p> <p>KEEP TOGETHER IN THIS ORDER:</p> <ul style="list-style-type: none"> <li>• A beach</li> <li>• Other coastline</li> </ul> <p>---</p> <p>ALWAYS AT END:</p> <ul style="list-style-type: none"> <li>• Other (specify)</li> </ul>	<p>VISIT TAKERS</p>	<p>WEEKLY – 50 WAVES</p>	
<p>6) What is the name of the city, town or village or nearest city, town or village to the place you visited?</p> <p>FOLLOW UP IF NECESSARY: This may be the place you live in. If you visited more than one city, town or village provide the name of the place nearest your final destination.</p> <p>NAME OF (NEAREST) TOWN OR VILLAGE:</p> <p>(USES LIST OF TOWNS AND VILLAGES AS IN UKTS SURVEY – INCLUDES SCOTTISH AND WELSH PLACES TO ALLOW FOR CROSS BORDER TRIPS)</p>	<p>VISIT TAKERS</p>	<p>WEEKLY – 50 WAVES</p>	<p>UKTS towns and cities Gazetteer used for part a) of question</p> <p>Interviewer briefed to clarify 'final destination'. Respondents to self select - this is likely to be the place most time spent in and/or furthest away from start point.</p>

<p>7) Now please provide the name of the actual place you visited, for example the park, wood or canal.</p> <p>ADD AS NECESSARY, IMPORTANT!:</p> <ul style="list-style-type: none"> <li>• If the place does not have a name, provide a nearby street name or landmarks which would help us to find it on a map.</li> <li>• If you were on a walk with no particular 'destination', tell us the location of the furthest away place reached.</li> <li>• If you visited more than one place, provide the name of the place that was you final destination e.g. furthest away.</li> </ul> <p>PLACE VISITED (IF JUST TOWN OR VILLAGE NAME GIVEN PROBE FOR MORE DETAIL).</p> <hr/> <p><b><u>INTERVIEW NOTE: IF RESPONDENT DOES NOT KNOW NAME OF PLACE VISITED PROBE FOR AS MUCH DETAIL AS POSSIBLE TO ALLOW US TO IDENTIFY THE LOCATION AFTER INTERVIEW E.G. ADDRESS, STREET NAME, NEARBY LANDMARKS, ETC. – THE MORE DETAIL THE BETTER!</u></b></p>	VISIT TAKERS	WEEKLY – 50 WAVES	Gazetteer of visit destinations used.  Interviewers briefed to clarify 'final destination' and to probe for as much detail as possible.
<p>8) Approximately how far, in miles, did you travel to reach this place? By that I mean the <b>one way distance</b> from where you set off to the place visited.</p> <p><b>SHOW SCREEN. DO NOT RANDOMISE. SINGLE CODE.</b></p> <p>Less than 1 mile 1 or 2 miles 3 to 5 miles 6 to 10 miles 11 to 20 miles 21to 40 miles 41to 60 miles 51to 80 miles 81to100 miles More than 100 miles</p>	VISIT TAKERS	WEEKLY – 50 WAVES	
<p>9) And did this journey start from...</p> <p><b>SHOW SCREEN. DO NOT RANDOMISE. SINGLE CODE.</b></p> <ul style="list-style-type: none"> <li>• Your home</li> <li>• Someone else's home</li> <li>• Work</li> <li>• Holiday accommodation</li> <li>• Somewhere else</li> </ul>	VISIT TAKERS	WEEKLY – 50 WAVES	

<p><b>IF JOURNEY DID NOT START FROM RESPONDENT'S HOME:</b></p> <p>10) Please provide the address of where your journey started from?</p> <p>INTERVIEWER NOTE: IDEALLY COLLECT POSTCODE (E.G. FOR WORKPLACES). IF THIS IS NOT POSSIBLE ASK FOR AS MUCH DETAIL AS POSSIBLE ON ADDRESS E.G. NAME OF HOTEL AND TOWN.</p>	<p>THOSE WHOSE JOURNEYS DID NOT START FROM HOME</p>	<p>WEEKLY – 50 WAVES</p>	
<p>11) What form of transport did you use on this journey?</p> <p>INTERVIEWER NOTE: IF MORE THAN ONE FORM OF TRANSPORT USED RECORD THAT USED FOR LONGEST DISTANCE.</p> <p><b>SHOW SCREEN. RANDOM ORDER. SINGLE CODE.</b></p> <ul style="list-style-type: none"> <li>• Car or van</li> <li>• Train (includes tube/underground)</li> <li>• Public bus or coach (scheduled service)</li> <li>• Coach trip/ private coach</li> <li>• Motorcycle/ scooter</li> <li>• Bicycle/ mountain bike</li> <li>• On foot/ walking</li> <li>• Wheelchair/mobility scooter</li> <li>• On horseback</li> <li>• Boat (sail or motor)</li> <li>• Taxi</li> </ul> <p>ALWAYS AT END:</p> <ul style="list-style-type: none"> <li>• Other</li> </ul>	<p>VISIT TAKERS</p>	<p>WEEKLY – 50 WAVES</p>	
<p>12) Which of the following, if any, best describe your reasons for this visit?</p> <p>Select all of those which apply to you.</p> <p><b>SHOW SCREEN. RANDOM ORDER. CODE ALL MENTIONED.</b></p> <ul style="list-style-type: none"> <li>• To spend time with family</li> <li>• To spend time with friends</li> <li>• To learn something about the outdoors</li> <li>• For fresh air or to enjoy pleasant weather</li> <li>• For health or exercise</li> <li>• For peace and quiet</li> <li>• To relax and unwind</li> <li>• To exercise your dog</li> <li>• To enjoy scenery</li> <li>• To enjoy wildlife</li> <li>• To entertain children</li> <li>• To challenge yourself or achieve something</li> <li>• To be somewhere you like</li> <li>• For other reasons (SPECIFY)</li> </ul>	<p>VISIT TAKERS</p>	<p>WEEKLY – 50 WAVES</p>	<p>Prior to April 2012 this question was asked on a monthly basis.</p>
<p>13) On this visit...</p> <p>a) how many adults aged 16 or over, including yourself, were on this visit?</p> <p>_____ ZERO NOT ALLOWED AS INCLUDES</p>	<p>VISIT TAKERS</p>	<p>MONTHLY – 12 WAVES</p>	

RESPONDENT			
b) how many children aged under 16 were on this visit?  ____ MAY BE ZERO			

14) Were you accompanied by a dog on this visit? <ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> </ul>	VISIT TAKERS	MONTHLY – 12 WAVES	
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15) During this visit , did you personally spend any money on any of the items listed on the screen? PROBE Any others? <b>SHOW SCREEN. RANDOM ORDER. CODE ALL MENTIONED.</b> <ul style="list-style-type: none"> <li>• Food and drink</li> <li>• Petrol\diesel\LPG</li> <li>• Car parking</li> <li>• Bus\train\ferry fares</li> <li>• Hire of equipment</li> <li>• Purchase of equipment</li> <li>• Maps\guidebooks\leaflets</li> <li>• Gifts\souvenirs</li> <li>• Admission fees</li> <li>• Other items</li> <li>• Didn't spend any money</li> </ul>	VISIT TAKERS	MONTHLY – 12 WAVES	
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16) How much did you spend on...  ASKED FOR THOSE SELECTED AT Q17  Food and drink ____ Petro\diesel\LPG____ Car parking____ Bus\train\ferry fares____ Hire of equipment____ Purchase of equipment____ Maps\guidebooks\leaflets ____ Gifts\souvenirs ____ Admission fees____ Other items____	VISIT TAKERS	MONTHLY – 12 WAVES	
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E1) And still thinking of this visit, how much do you agree or disagree with the following statements?  <b>SHOW SCREEN. SINGLE CODE</b>  ...I enjoyed it ...It made me feel calm and relaxed ...It made me feel refreshed and revitalised ...I took time to appreciate my surroundings ...I learned something new about the natural world ...I felt close to nature  <ul style="list-style-type: none"> <li>• Strongly agree</li> </ul>	VISIT TAKERS	QUARTERLY – 4 WAVES in 2012	
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<ul style="list-style-type: none"> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> </ul>			
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<b>LAST 12 MONTHS SECTION</b>			
<p>17) Now thinking about the last 12 months, how often, on average, have you spent your leisure time out of doors, away from your home?</p> <p>Again, by out of doors we mean open spaces in and around towns and cities, the coast and the countryside.</p> <p>This could be anything from a few minutes to all day. It may include time spent close to your home, further afield or while on holiday in England. However this <b>does not include</b> routine shopping trips or time spent in your own garden.</p> <p>.</p> <p><b>SHOW SCREEN. SINGLE CODE.</b></p> <ul style="list-style-type: none"> <li>• More than once per day</li> <li>• Every day</li> <li>• Several times a week</li> <li>• Once a week</li> <li>• Once or twice a month</li> </ul> <p>-----</p> <ul style="list-style-type: none"> <li>• Once every 2-3 months</li> <li>• Once or twice</li> <li>• Never</li> </ul>	ALL ENGLAND	MONTHLY – 12 WAVES	
<p>18) IF ONCE EVERY 2-3 OR ONCE OR TWICE AT Q17: Why have you not spent more of your time out of doors?</p> <p>IF NEVER AT Q17: Why have you not spent any of your time out of doors?</p> <p><b>DO NOT PROMPT - PROBE FULLY. SELECT ALL THAT APPLY. DO NOT RANDOMISE – KEEP IN GROUPINGS SHOWN BELOW.</b></p> <p>Bad\poor weather</p> <p>Old age Poor health A physical disability Pregnant Have young children Have other caring responsibilities</p> <p>Too busy at home Too busy at work</p>	<p>IN PILOT:</p> <p>THOSE WHO HAVE TAKEN VISITS ONCE EVERY 2-3 MONTHS, ONCE OR TWICE OR NEVER IN LAST 12 MONTHS</p>	MONTHLY – 12 WAVES	

<p>Not interested This isn't something for me/people like me Don't like going on my own</p> <p>No access to a car Lack of public transport Too expensive Prefer to do other leisure activities</p> <p>Worried about safety/ doesn't feel safe Concerns about where allowed to go/restrictions I don't feel welcome/feel out of place Lack of suitable places to go/suitable paths Don't know where to go/lack of information</p> <p>Other (SPECIFY) No particular reason</p>			
<p>The following questions are about you and how you enjoy the natural environment. By natural environment we mean green open spaces in towns and cities as well as the coast and countryside.</p>	ALL ENGLAND	QUARTERLY	
<p>E2) How much do you agree or disagree with the following statements?</p> <p><b>SHOW SCREEN. SINGLE CODE</b></p> <p>...Spending time out of doors (including my own garden) is an important part of my life ...I am concerned about damage to the natural environment ...There are many natural places I may never visit but I am glad they exist ...Having open green spaces close to where I live is important</p> <ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> </ul>	ALL ENGLAND	QUARTERLY	
<p>E3) Which of the following activities involving the natural environment do you take part in? Please choose everything you do, both regularly and occasionally.</p> <p><b>SHOW SCREEN. RANDOM ORDER. CODE ALL MENTIONED</b></p> <ul style="list-style-type: none"> <li>• Watching or listening to nature programmes on the TV or radio</li> <li>• Looking at books, photos or websites about the natural world</li> <li>• Looking at natural scenery from indoors or whilst on journeys</li> <li>• Sitting or relaxing in a garden</li> <li>• Gardening</li> <li>• Watching wildlife (including bird watching)</li> <li>• Choosing to walk through local parks or green spaces on my way to other places</li> <li>• Doing unpaid voluntary work out of doors</li> </ul>	ALL ENGLAND	QUARTERLY	



<ul style="list-style-type: none"> <li>• None of these (fix at bottom)</li> </ul>			
<p>E4) Which of the following environment-related activities do you do? Please choose all that apply.</p> <p><b>SHOW SCREEN. RANDOM ORDER. CODE ALL MENTIONED</b></p> <ul style="list-style-type: none"> <li>• I usually recycle items rather than throw them away</li> <li>• I usually buy eco-friendly products and brands</li> <li>• I usually buy seasonal or locally grown food</li> <li>• I choose to walk or cycle instead of using my car when I can</li> <li>• I encourage other people to protect the environment</li> <li>• I am a member of an environmental or conservation organisation</li> <li>• I volunteer to help care for the environment</li> <li>• I donate <b>money</b> at least once every three months to support an environmental or conservation organisation</li> <li>• I donate <b>time</b> at least once every three months to support an environmental or conservation organisation</li> <li>• None of these (fix at bottom)</li> </ul>	ALL ENGLAND	QUARTERLY	
<p>E5) Please think about whether or not you are likely to make changes to your lifestyle to protect the environment, for example by recycling rather than throwing things away, using your car less and buying local food. Which of these statements best describes your intentions?</p> <p><b>SHOW SCREEN</b></p> <ul style="list-style-type: none"> <li>• I like my lifestyle the way it is and am not likely to change it</li> <li>• I'd like to make changes to my lifestyle but I don't know what to do</li> <li>• I'd like to make changes to my lifestyle but it's too difficult</li> <li>• I'd make changes to my lifestyle if I knew other people were willing to make changes</li> <li>• I intend to make changes to my lifestyle</li> <li>• I already do a lot to protect the environment so it would be difficult to do more</li> <li>• Don't know (fix at bottom)</li> </ul>	ALL ENGLAND	QUARTERLY	
<p>E6) How much do you agree or disagree with the following statements relating to your nearest greenspace areas?</p> <p><b>SHOW SCREEN</b></p> <ul style="list-style-type: none"> <li>• My local greenspaces are within easy walking distance</li> <li>• My local greenspaces are of a high enough standard to want to spend time there</li> <li>• My local greenspaces are easy to get into and around</li> </ul>	ALL ENGLAND	QUARTERLY	

<ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> </ul>			
<b>WILDLIFE QUESTIONS</b>			
<p>Which of the following best applies to you....? <b>SHOW SCREEN</b></p> <ul style="list-style-type: none"> <li>• I have access to a private garden</li> <li>• I have access to a private communal garden</li> <li>• I have access to a private outdoor space but not a garden (balcony, yard, patio area)</li> <li>• I don't have access to a garden</li> </ul>	ALL ENGLAND	ONE WAVE ONLY (END AUG 13)	AFTER E6 BUT BEFORE Q19
<p>Thinking about your garden or communal garden, which of the following statements, if any, do you agree with? Select all those that apply to you.</p> <p><b>CODES RANDOMISED</b></p> <p>My garden is an important place to me  I like spending time in my garden  I don't like my garden  I enjoy gardening  I like to grow fruit, vegetables or herbs in my garden  My garden is too small  My garden is too large  My garden is a place where children can play  I enjoy my garden because it is private  I enjoy the trees in my garden  I enjoy the grass/plants in my garden  I enjoy the pond/water features in my garden  I enjoy feeding birds in my garden  I encourage wildlife in my garden  I enjoy the wildlife in my garden  I enjoy my garden because of its views (e.g. of land, sky, water)  None  Don't know</p>	ALL WITH ACCESS TO A PRIVATE GARDEN AT PREVIOUS QUESTION	ONE WAVE ONLY (END AUG 13)	AFTER E6 BUT BEFORE Q19
<b>CHILDREN'S QUESTIONS</b>			
<p>At the start of the interview, you indicated that one or more children aged under 16 live in your household. We would now like to ask you some questions about the activities you child(ren) take part in. We are particularly interested in activities that take place in green or natural environments</p> <p>You indicated that there are [number of children] children aged under 16 living in your household, however, to save time we will only ask you about [X] of your children who will be randomly selected.</p> <p>First of all, please answer the following questions regarding your child who was [X] and aged [X]</p>	ALL ENGLAND	MONTHLY	NE1 to NE12 repeated for each child asked about
NE1) Thinking about the last 12 months, how often, on average, has this child spend some of their leisure time outside?	ALL ENGLAND	MONTHLY	

<p>By outside we are focusing on natural environments or green spaces. These can be in green spaces very close to your home, in and around towns and cities as well as in the wider countryside.</p> <p>The time could involve anything from just a few minutes outside, to 30 minutes in the local park, to a day trip made from home or when on holiday.</p> <p>Note that this does not include:</p> <ul style="list-style-type: none"> <li>- routine trips taken for non-leisure purposes such as shopping or getting somewhere;</li> <li>- time spent in your own garden</li> </ul> <ul style="list-style-type: none"> <li>• More than once per day</li> <li>• Every day</li> <li>• Several times a week</li> <li>• Once a week</li> <li>• Once or twice a month</li> <li>• Once every 2-3 months</li> <li>• Once or twice</li> <li>• Never</li> </ul>			
<p>NE2) More specifically, during the last month (i.e. during March) how often if at all has this child spent some of their leisure time outside in green spaces accompanied by you or another adult who lives in your home?</p> <p>This could include a parent, guardian, other children aged 16 or over or other adults who live with you.</p> <p>Again, note that this does not include:</p> <ul style="list-style-type: none"> <li>- routine trips taken for non-leisure purposes such as shopping or getting somewhere;</li> <li>- time spent in your own garden</li> </ul> <p><b>INTERVIEWER NOTE: ENSURE THAT RESPONSES TO QUESTIONS NE2 TO NE4 RELATE TO THE VISITS TAKEN BY THE CHILD WHICH WERE TAKEN WITH AN ADULT (AGED 16 OR OVER) WHO LIVES WITH THEM.</b></p> <ul style="list-style-type: none"> <li>• More than once per day</li> <li>• Every day</li> <li>• Several times a week</li> <li>• Once a week</li> <li>• Two or three times</li> <li>• Once</li> <li>• No visits</li> </ul>	ALL ENGLAND	MONTHLY	
<p>NE3) Please indicate which of the following type(s) of places were visited by this child while with you or another adult who lives in your home? Please select from both the list of local places and those farther afield. By local we mean within walking distance or a short drive.</p> <p><b>LOCAL PLACES: PLACES NOT IN YOUR LOCAL AREA: CODE ALL MENTIONED</b></p> <ul style="list-style-type: none"> <li>• Woodland or forest (including woodland adventure spaces)</li> </ul>	ALL ENGLAND	MONTHLY	

<ul style="list-style-type: none"> <li>• Farmland or another open space in the countryside</li> <li>• Beach or coastline</li> <li>• Mountain, hill or moorland</li> <li>• River, lake, canal</li> <li>• Country park</li> <li>• Park in a town or city</li> <li>• Children's playgrounds and adventure playgrounds</li> <li>• Playing field or other recreational area</li> <li>• An allotment or community garden</li> <li>• A shared\ community green space</li> <li>• Visitor attraction (such as wildlife park, city or open farm, zoo)</li> <li>• and historic estates and gardens)</li> <li>• Nature reserve or other space for nature</li> <li>• A village</li> <li>• A path, cycleway or bridleway</li> <li>• Other open spaces in a town or city</li> <li>• Other open spaces in the countryside</li> <li>• Woodland or forest (including woodland adventure spaces)</li> <li>• Farmland or another open space in the countryside</li> <li>• Beach or coastline</li> <li>• Mountain, hill or moorland</li> <li>• River, lake, canal</li> <li>• Country park</li> <li>• Park in a town or city</li> <li>• Children's playgrounds and adventure playgrounds</li> <li>• Playing field or other recreational area</li> <li>• An allotment or community garden</li> <li>• A shared \ community green space</li> <li>• Visitor attraction (such as wildlife park, city or open farm, zoo)</li> <li>• and historic houses set within in gardens)</li> <li>• Nature reserve or other space for nature</li> <li>• A village</li> <li>• A path, cycleway or bridleway</li> <li>• Other open spaces in a town or city</li> <li>• Other open spaces in the countryside</li> </ul>			
<p>NE4) And which of the following best describe the reasons for taking these visits? Please provide your answers in relation to the purpose for the visit/motivations of the adult/s who took the visits with the child . Select all of the reasons which relate to the visits taken during the last month with you or other adults who live in your home.</p> <p><b>SHOW SCREEN. CODE ALL MENTIONED</b></p> <p>To spend time with family  To spend time with friends  To exercise a dog  To relax and unwind  To enjoy wildlife or scenery  To be somewhere they\you like  To get fresh air  To make the most of the weather  To do something physically active outdoors  To encourage an interest in nature or the environment</p>	ALL ENGLAND	MONTHLY	

<p>To garden or grow food  To have a picnic or BBQ  To let the children play  To play with children  To explore somewhere new  To do something creative like photography or painting  Other</p>			
<p>NE5) Next, please indicate how often during the last month (i.e. during March) has this child spent some of their leisure time outside in natural and other green open spaces accompanied by adults who don't live in this household? This could include visits taken with other relations, school trips or trips with a youth group.  Again, note that this does not include:  - routine trips taken for non-leisure purposes such as shopping or getting somewhere;  - time spent in your own garden  <b>SHOW SCREEN.</b>  <b>INTERVIEWER NOTE: ENSURE THAT RESPONSES TO QUESTIONS NE5 TO NE8 RELATE ONLY TO THE VISITS TAKEN BY THE CHILD WHICH WERE TAKEN WITH ADULTS (AGED 16 OR OVER) WHO DO NOT LIVE IN THE RESPONDENT'S HOUSEHOLD.</b></p> <ul style="list-style-type: none"> <li>• More than once per day</li> <li>• Every day</li> <li>• Several times a week</li> <li>• Once a week</li> <li>• Two or three times</li> <li>• Once</li> <li>• No visits</li> </ul>	ALL ENGLAND	MONTHLY	
<p>NE6) Which of the following best describes who took part in these visits? Select all of the answers which apply.  <b>SHOW SCREEN – CODE ALL MENTIONED</b></p> <p>Taken with grandparents  Taken with other adults in your family (including extended family and grown up brothers\ sisters, aunts\uncles etc)  Taken with schools and\or teaching staff  Taken with adult friends ( including your children's friend's families)  Taken with Scouting or Guiding groups (includes junior groups such as Brownies or Cubs)  Taken with another type of youth group, special interest group or community group (e.g. WATCH group, DoE awards or faith group)  Taken with other individual adults such as community organisers, enthusiasts, specialists  Other</p>	ALL ENGLAND	MONTHLY	
<p>NE7) Please indicate which of the following type(s) of place were included in these visits taken by this child while with adults who don't live in your household? Please select from both the list of local places and those farther afield. By local we mean within</p>	ALL ENGLAND	MONTHLY	

<p>walking distance or a short drive.</p> <p><b>LOCAL PLACES: PLACES NOT IN YOUR LOCAL AREA: SHOW SCREEN – CODE ALL MENTIONED</b></p> <ul style="list-style-type: none"> <li>• Woodland or forest (including woodland adventure spaces)</li> <li>• Farmland or another open space in the countryside</li> <li>• Beach or coastline</li> <li>• Mountain, hill or moorland</li> <li>• River, lake, canal</li> <li>• Country park</li> <li>• Park in a town or city</li> <li>• Children's playgrounds and adventure playgrounds</li> <li>• Playing field or other recreational area</li> <li>• An allotment or community garden</li> <li>• A shared\ community green space</li> <li>• Visitor attraction (such as wildlife park, city or open farm, zoo)</li> <li>• and historic estates and gardens)</li> <li>• Nature reserve or other space for nature</li> <li>• A village</li> <li>• A path, cycleway or bridleway</li> <li>• Other open spaces in a town or city</li> <li>• Other open spaces in the countryside</li> <li>• Woodland or forest (including woodland adventure spaces)</li> <li>• Farmland or another open space in the countryside</li> <li>• Beach or coastline</li> <li>• Mountain, hill or moorland</li> <li>• River, lake, canal</li> <li>• Country park</li> <li>• Park in a town or city</li> <li>• Children's playgrounds and adventure playgrounds</li> <li>• Playing field or other recreational area</li> <li>• An allotment or community garden</li> <li>• A shared \ community green space</li> <li>• Visitor attraction (such as wildlife park, city or open farm, zoo)</li> <li>• and historic houses set within in gardens)</li> <li>• Nature reserve or other space for nature</li> <li>• A village</li> <li>• A path, cycleway or bridleway</li> <li>• Other open spaces in a town or city</li> <li>• Other open spaces in the countryside</li> </ul>			
<p>NE8 And which of the following best describe the reasons for taking these visits? Please provide your answers in relation to the purpose of the visit/motivations of the adult(s) who took your child on the visits . Select all of the reasons which relate to the visits taken during the last month with adults who don't live in your home. <b>SHOW SCREEN - MULTI CHOICE</b></p> <ul style="list-style-type: none"> <li>• To spend time together with family who don't live in your household</li> </ul>	ALL ENGLAND	MONTHLY	

<ul style="list-style-type: none"> <li>• To spend time with friends</li> <li>• To exercise a dog</li> <li>• To relax and unwind</li> <li>• To enjoy wildlife</li> <li>• To be somewhere they like</li> <li>• To get fresh air</li> <li>• To make the most of the weather</li> <li>• To do something physically active outdoors</li> <li>• To encourage an interest in nature or the environment</li> <li>• To garden or grow food</li> <li>• To have a picnic or BBQ</li> <li>• To let the children play</li> <li>• To play with children</li> <li>• To explore somewhere new</li> <li>• To do something creative like photography or painting</li> <li>• To achieve a specific aim such as a school's education outcome</li> <li>• Other</li> </ul>			
<p>NE9) Next, please indicate how often during the last month (i.e. during March) has this child spent some of their leisure time outside in natural and other green open spaces where no adults were present? This could include visits taken alone or with other children but no adults. Again, note that this does not include:</p> <ul style="list-style-type: none"> <li>- routine trips taken for non-leisure purposes such as shopping or getting somewhere;</li> <li>- time spent in your own garden</li> </ul> <p><b>SHOW SCREEN</b></p> <p><b>INTERVIEWER NOTE: ENSURE THAT RESPONSE TO QUESTIONS NE9 TO END ONLY RELATE TO THE VISITS TAKEN BY THE CHILD WHERE NO ADULTS (AGED 16+) WERE PRESENT</b></p> <ul style="list-style-type: none"> <li>• More than once per day</li> <li>• Every day</li> <li>• Several times a week</li> <li>• Once a week</li> <li>• Two or three times</li> <li>• Once</li> <li>• No visits</li> </ul>	ALL ENGLAND	MONTHLY	
<p>NE10) Which of the following best describes who took part in these visits? Select all of the answers which apply.</p> <p><b>SHOW SCREEN – CODE ALL MENTIONED</b></p> <ul style="list-style-type: none"> <li>• Taken by the child on their own</li> <li>• Taken with their friends (under 16)</li> <li>• Taken with children in the immediate family ( also under 16 and who live in the household)</li> <li>• Taken with children from the wider family (who are under 16)</li> </ul>	ALL ENGLAND	MONTHLY	

<ul style="list-style-type: none"> <li>• Taken with other children but as part of an organised group activity</li> <li>• Other</li> </ul>			
<p>NE11) Please indicate which of the following type(s) of place were included in these visits where no adults were present? Please select from both the list of local places and those farther afield. By local we mean within walking distance or a short drive.</p> <p><b>LOCAL PLACES: PLACES NOT IN YOUR LOCAL AREA: SHOW SCREEN - MULTI CHOICE</b></p> <ul style="list-style-type: none"> <li>• Woodland or forest (including woodland adventure spaces)</li> <li>• Farmland or another open space in the countryside</li> <li>• Beach or coastline</li> <li>• Mountain, hill or moorland</li> <li>• River, lake, canal</li> <li>• Country park</li> <li>• Park in a town or city</li> <li>• Children's playgrounds and adventure playgrounds</li> <li>• Playing field or other recreational area</li> <li>• An allotment or community garden</li> <li>• A shared \ community green space</li> <li>• Visitor attraction (such as wildlife park, city or open farm, zoo) and historic estates and gardens)</li> <li>• Nature reserve or other space for nature</li> <li>• A village</li> <li>• A path, cycleway or bridleway</li> <li>• Other open spaces in a town or city</li> <li>• Other open spaces in the countryside</li> <li>• Woodland or forest (including woodland adventure spaces)</li> <li>• Farmland or another open space in the countryside</li> <li>• Beach or coastline</li> <li>• Mountain, hill or moorland</li> <li>• River, lake, canal</li> <li>• Country park</li> <li>• Park in a town or city</li> <li>• Children's playgrounds and adventure playgrounds</li> <li>• Playing field or other recreational area</li> <li>• An allotment or community garden</li> <li>• A shared \ community green space</li> <li>• Visitor attraction (such as wildlife park, city or open farm, zoo)</li> <li>• and historic houses set within in gardens)</li> <li>• Nature reserve or other space for nature</li> <li>• A village</li> <li>• A path, cycleway or bridleway</li> <li>• Other open spaces in a town or city</li> <li>• Other open spaces in the countryside</li> </ul>	ALL ENGLAND	MONTHLY	
<p>NE12) And which of the following best describe the reasons for taking these visits? Please provide your answers in relation to the child's own reasons for taking these visits . Select all of the reasons which relate to all of the visits taken</p>	ALL ENGLAND	MONTHLY	



<p>during the last month by this child when no adults were present.</p> <p><b>SHOW SCREEN - MULTI CHOICE</b></p> <ul style="list-style-type: none"> <li>• To play</li> <li>• To exercise a dog</li> <li>• To relax and unwind</li> <li>• To let off steam</li> <li>• To get some space</li> <li>• To enjoy nature or the environment</li> <li>• To be somewhere they like</li> <li>• To get fresh air</li> <li>• To make the most of the weather</li> <li>• To do something physically active outdoors</li> <li>• To garden \ grow food</li> <li>• To have a picnic \ BBQ</li> <li>• To explore somewhere new</li> <li>• To do something creative like photography or painting</li> <li>• To achieve a specific purpose such as homework for school or Scout challenge etc</li> <li>• Other</li> </ul>			
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<b>CLASSIFICATION QUESTIONS</b>			Age, sex, ethnicity, SEG, working status, marital status, children in home, disability, region and full postcode are also collected as standard.
19) Do you own or have access to a car? Yes No	ALL ENGLAND	WEEKLY – 50 WAVES	
20) Do you have a dog? Yes No	ALL ENGLAND	WEEKLY – 50 WAVES	
21) In the <b>past week</b> , on how many days have you done a total of <b>30 minutes or more</b> of physical activity, which was enough to raise your breathing rate?  <i>This may include sport, exercise, and brisk walking or cycling for recreation or to get to and from places, but should not include housework or physical activity that may be part of your job.</i>  TYPE IN NUMBER BETWEEN 0 AND 7	ALL ENGLAND	WEEKLY – 50 WAVES	

<p>22) Do you have any long standing illness, health problem or disability that limits your daily activities or the kind of work you can do?</p> <p>Yes No</p>	<p>ALL ENGLAND</p>	<p>WEEKLY – 50 WAVES</p>	
<p>23) As a result of the information you have given about your time spent out of doors, would you be willing to be re-contacted in the future on this subject?</p> <p>Yes No</p> <p>If yes: Signature and email address collected on following 2 screens.</p>	<p>ALL ENGLAND</p>	<p>WEEKLY – 50 WAVES</p>	