

# Taking the hassle out of healthcare

Access to good information is an important part of making sure people stay healthy and get the best care. By making it easier for you to look at and share your health and care records, you will be able to take more control of your own care, and work with professionals to make sure that there is 'no decision about me without me'.



1. Accessing your **GP records online** will give you more control over your care



2. **Booking appointments** will be quicker and easier when you can do it online



3. You'll need **fewer phone calls** when you can communicate with professional teams electronically



4. You'll have **less paperwork** in your life when your healthcare letters are available online



5. You'll know where to go for health and care information when there is **one trusted website**



6. Services will do more to **offer you support** to use and understand information if and when you need it



7. You won't have to repeat yourself when your **information is shared** between health and care professionals



8. You'll be confident that your **feedback is being listened to** and helping to improve services



9. You will have more information to help you **choose the best services** and treatments for you

To find out more go to [www.dh.gov.uk/informationstrategy](http://www.dh.gov.uk/informationstrategy)