

14. I could tell that the CCTV, which was meant to be monitoring the interviews, was not on because there was no red light on the camera. In addition, the door to the interview room was left open and I could see the sergeant who was meant to be watching the screens walking past.
15. Between the interviews I was allowed to see Rosemary. I told her that they said that I had carried out a rocket attack and what had been happening to me. She would have asked me how I was and I would have told her I was alright. I told her that I hadn't eaten because they had spat in my food and I remember that Rosemary Nelson brought me Mars Bars to eat.
16. This pattern continued for days. I remember that they extended the time that we were detained so that I was detained for 4 days in all. I was eventually released on Valentine's Day.
17. When the police were not getting anywhere they upped the ante and increased the intimidation and bullying. This was after the time of my detention had been extended. It became far more extreme. I was punched, poked and the chair was used on my foot again. They also tried to throw me down flights of stairs when I was taken to and from the interview room. They used to write on some paper something for me to sign, but I refused.
18. Another tactic which they used was to only turn the interview tape on half way through the interview, after they had already subjected me to the bullying detailed above. They were meant to put it on at the start of the interview.
19. During the second day of my interrogation they brought in a witness, who said that I had put the rocket in her garden. I had nothing to do with it. She was squealing and needed to get psychological treatment to calm her down after she was released. Afterwards she said that she had been forced to say it.
20. Then they brought in the rocket and put it in front of me. They called it a "prig". They asked me how I had done it and tried to get me to show them how to use it. I had no idea.