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PART 1

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Station Medical Centre

The Station Medical Centre is situated in Block MB 49, Lumsden Barracks. The contact telephone numbers are:

Troops Enquiries -	Fallingbostel Military 2272/2256
Families Enquiries -	Fallingbostel Military 2272/2256
Emergency -	Fallingbostel Military 3333

Surgeries - Monday to Friday

08.00 – 10.00	Troops Sick Parade
08.30 – 10.00	Routine Booked Appointments
10.30 – 12.20	Routine Booked Appointments
14.00 – 16.20	Routine Booked Appointments

Should an emergency arise during working hours a Duty Doctor Appointment will be allocated. You see a nurse first.

Weekends

Emergencies Only

Out of Hours a Duty Doctor is on call for EMERGENCIES ONLY

Changes and additions to all Clinic, Surgeries and Pharmacy opening times will be advertised throughout the Practice and also in the Heide Magazine.

Nurses Clinics

Specialist Nurse led clinics are held within the practice. They include Asthma, Well Woman, Diabetic, Family Planning and Well Man Clinics. Information regarding the days the clinics are held is advised throughout the practice and in the Heide Magazine.

SSAFA Health Visiting Team

Our Health Visiting Team in Fallingbostel consists of 2.5 Health Visitors and a Child Health Nurse. We run clinics to accommodate your child's immunisation programme. Drop in clinics are on Camp, the Heidmark and Weinberg Estates. Please see the Heide magazine for further information.

You can make an appointment to see or talk to one of our team by phoning **Fallingbostel Mil 2387**. We have a voice mail service so please leave your telephone number and we will get back to you.

Our team can advise you regarding any problems you or your children may have, and can refer you to the appropriate agency. We offer to see every mother ante-natally, and visit you and your new baby at home by appointment between the 11th and 14th day after your baby is born, offering support and advice. We also provide a School Health Promotion service. This year we hope to commence the Inter - Agency Parenting Support Group.

Dental Centre

Location

The Dental Centre is situated over the Medical Centre on the first floor of Block 49 in Lumsden Barracks. The telephone number is **Fallingbostel Mil 2369 or Civ 971 2369.**

Opening Times:

Monday – Thursday	0800 – 1230hrs
	1330 – 1600hrs
Friday	0800 – 1230hrs
	1330 – 1500hrs

Check up and treatment for civilians

Check up appointments may be made by contacting the Dental Centre. Most adult civilians will have to pay a charge equivalent to the NHS fee in the UK. Details are available from reception. It is recommended that all children should be brought for a check up every 6 months. Appointments for children at boarding school should be booked for early in the school holidays to allow time for any treatment that may be required.

Children under the age of 16 must be accompanied by a parent or guardian.

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Medical Treatment From Civilian Medical Facilities

Personnel who are entitled to treatment from Service sources at public expense may, in an emergency and when Service medical facilities are not readily available, use civilian medical facilities. It should be emphasised that this should be for emergencies (ie life threatening).

Except for certain categories of people eg. expectant mothers or those with young (under 1 year old babies), school children, all dependants, and the civilian element of BFG must pay for dental treatment. Further information and costs can be obtained from the Dental Centre Fallingbostel Military 2369.

Occasionally, entitled personnel may be referred to civilian hospitals and doctors for specialist treatment by Service doctors in which case the cost is borne by the Services. It should be stressed, however, that these are costs of basic accommodation and treatment.

Outside BFG, personnel within Germany should seek aid in the first instance from British Forces (ie British Forces ANTWERP), US Forces and/or Bundeswehr facilities. If none of these is available, then a civilian medical practitioner or facility may be used.

Entitled personnel are entitled to free emergency civilian facilities within authorised leave limits (ie up to 50 miles over any adjacent frontier to BFG) and on authorised leave at public expense. If on leave outside authorised leave limits, some free or subsidised emergency medical treatment may be obtained within EEC countries. To obtain this treatment personnel should be in possession of Form E 111 which, in turn, may be obtained by completing DHSS Form CM1 which you can find in all Forces Post Offices, from Families Officers or from HIVE (Help, Information & Voluntary Exchange).

You should be warned, however, that personal accident insurance is **always** the safest and most efficient way of ensuring your family's wellbeing.

Visits of Close Relatives

All visitors must obtain an European Health Insurance Card or private medical insurance prior to arrival, not just relatives. Relatives must also be in possession of a valid Sponsorship Form obtainable from your Welfare Office, which would then entitle them to treatment for emergencies at the Medical Centre. Friends are not entitled to this facility. The Medical Centre is not liable for any costs incurred for visitors should medical treatment be used, this includes ambulances and hospital admissions.

Holidays on the Continent

If you are going on holiday away from the British military facilities, you should apply to your Families Office for Form CM 1 and this, in turn, will have to be sent to DHSS, Overseas Group, Newcastle on Tyne NE98 1YX. It should be endorsed Frequent Visits. You will need to produce a European Health Insurance Card, which is received in reply, for any medical treatment you may require outside Germany.

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Schools and Childminding

Gloucester School Hohne
Telephone: Hohne Mil 2430 or Civ 05051 962430. This is the local Secondary School and is for 11 year olds and upwards. Transport is provided from all areas.

Heide Primary School
Telephone: Fallingbostel Mil 2450.

Shackleton Primary School
Telephone: Fallingbostel Mil 2263.

Scott Nursery – 3-4 Year olds
Tel: Fallingbostel Mil 2700. Free nursery places for children the term after they are 3 years of age. Children can attend the term in which they are 3 years of age on a fee paying basis, space permitting.

Jobs/Careers for School Leavers
Advice on Youth Training Schemes and careers can be obtained from Gloucester School Careers Master.

The Educational Psychology and Child Guidance Service (part of SCE)
Based in the SSO's Block, MB 55, the Educational Psychologist and Senior Social Worker covering Fallingbostel, Hohne and Celle. They provide advice, assessment, intervention and support to children aged 0-19, either directly or through their parents/care givers, teachers and schools/ pre-schools.
Telephone Numbers: Civil 05162 971 2499 or Military 76 2499

Prince Rupert School – Rinteln
The designated centre for students doing A level courses.
Student board on a weekly basis. Tel Civil: 05751 970 320 or Mil: 84 2320

Childminding

"A Childminder is someone who looks after other people's children under the age of 8 in his or her own home for more than two hours a day (or periods which add up to more than two hours in any day) for reward." This is the law, as defined by the Children Act 1989. The only exception is if your children are cared for by a close relative. Unfortunately, in Bad Fallingbostel not many people are lucky enough to have close relatives here to look after their children.

In BFG, Registration of childminders is undertaken by SSAFA Forces Help, who employ a dependant as a part-time Childminding Supervisor to carry out this work and to support and advise the Registered Childminders in their work.

The Registration process involves enquiries into the childminders' background and character – police check, medical check, health visitors, SSAFA FH Social Workers and Army Welfare Service to see if there are any factors

which might make the person unsuitable to care for other people's children. The Childminding Supervisor makes at least one home visit as part of the Registration in order to check that the potential childminder's home is a safe, welcoming environment for children and to make sure that the childminder has the necessary knowledge, experience and equipment to care for children.

Childminders are self-employed and the contract for childcare is between childminder and parents. Permission has to be sought from the Station Staff Office for the childminder to run a business from a married quarter. Registered Childminders are also obliged to have public liability insurance. Childminders have to re-register each year to ensure that standards are being maintained. The Childminding Supervisor also visits each childminder regularly throughout the year.

An up-to-date list of Registered Childminders is published each month in the Station Heide Magazine. The Childminding Supervisor does not act as a placement agency, although she may be able to tell you which childminders have vacancies.

There is always a need for Registered Childminders, so if you would like to find out about becoming a childminder, please contact the Childminding **Supervisor – Hohne Mil 77 2527 (05051 96 2527).**

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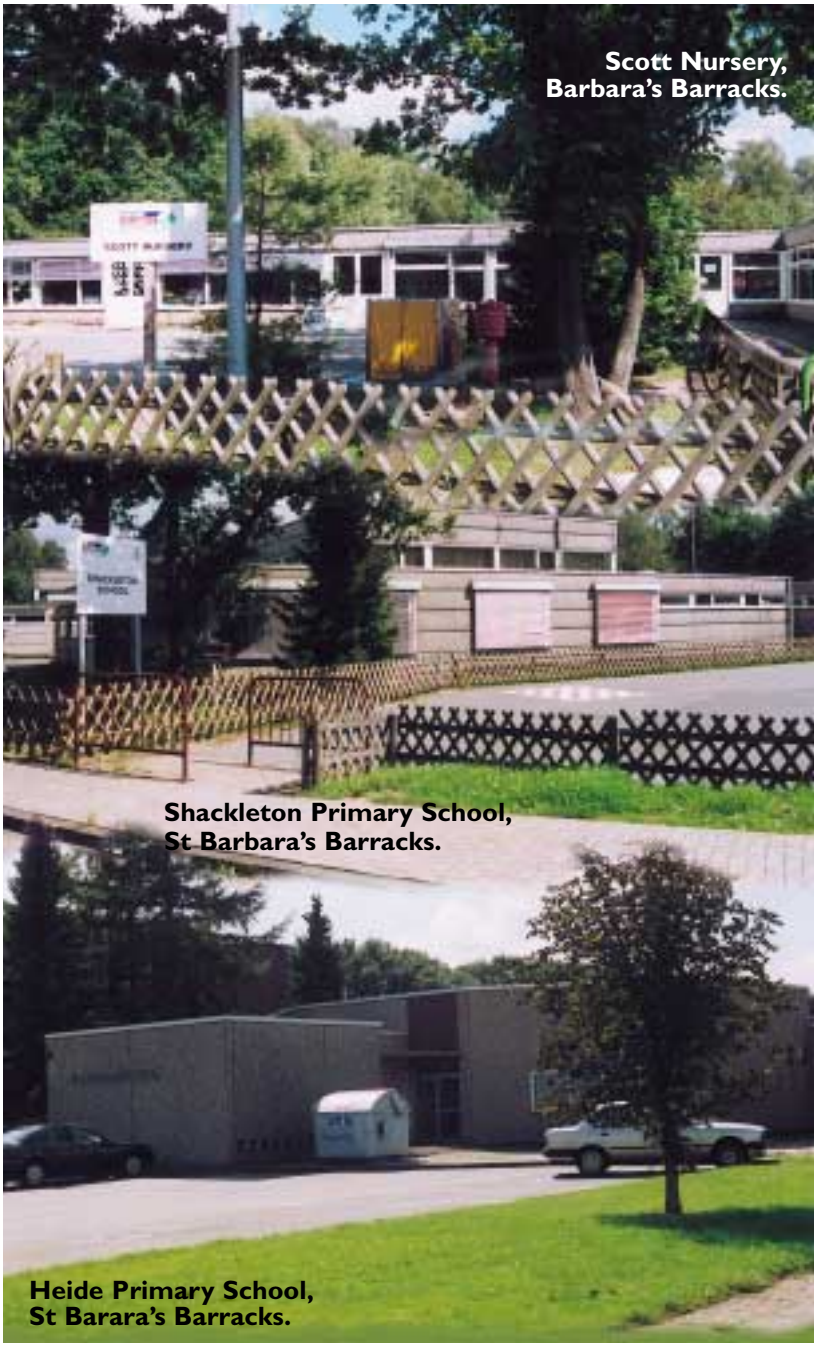

Scott Nursery,
Barbara's Barracks.

Shackleton Primary School,
St Barbara's Barracks.

Heide Primary School,
St Barara's Barracks.

Finance

Bank, Money and Allowances

During your stay in Germany, your husband may have his pay and allowances paid direct by computer to a German bank of his choice. The bank will, of course, open a separate account for you if you wish it. Your husband's salary will not be credited until the following month of arrival; however, in the meantime, UK cheques may be cashed in the Pay Office. It is important that your husband visits his Unit Pay and Record Office and Families Office as soon as possible after arrival to complete all necessary paperwork.

Note: Do not keep your cheque book and cheque card together. You must report the loss of either to your bank immediately.

Forces Fixed Rate of Exchange

This is the fixed rate of exchange issued periodically by the Treasury for the conversion of £s into s and is the rate used for your husband's pay and allowances.

Mehrwertsteuer (MWST) (Germany's VAT)

This can be deducted from bills valued at €50 or over for many items or services (eg furniture, car servicing or repairs, jewellery, bicycles). In principle, this VAT deduction is only payable if the item/service is not obtainable from the NAAFI (eg car servicing) but it is always worth enquiring if the deduction will be available. Fallingbostel MWST Office is located in the NAAFI MAX Store.

Travel

Travel Agents

There are a number of travel agents in Fallingbostel Camp on Queens Avenue and in some Unit lines. There are also German travel agents (Reiseburo) in nearly every town.

Transport Services

A system of passenger transport operates in the area for children attending school, visits to hospitals and clinics, NAAFI shopping trips and amenity services such as Guides, Youth Clubs and Church activities. Details of the services available and timetables are published regularly in the Heide Magazine.

School Children's Visits (SCV)

Children undergoing full-time education in UK are eligible for SCV flights in two separate categories. In most cases, children will be flown to and from UK and Hannover – all enquiries should be made through your Movements Clerk. **Four months** notice is usually required.

Under 18 – three free return flights a year.

Over 18, under 21 – one free flight a year only.

Indulgence Flights

Indulgence Flights are flights on RAF or MOD chartered aircraft on a fill-up basis at a minimal cost to your husband, yourself or your children. It is always worth contacting your Unit Movements Office for details.

Flights to UK if you have Children Starting at Boarding School

On initial entry to a boarding school, the parent may be allowed to claim for a free flight (no railway warrants) to accompany his/her child. This entitlement must first be checked with your Movements Clerk.

For further information (and also about Passports), apply through your Unit Movements Office. Do this in plenty of time.

British Rail HM Forces Railcard

If you have not been issued with a railcard whilst in UK, then please visit your Unit Admin Office who will help you apply. Very useful for travelling in Britain.

Free Flights

Your husband should ask at his Orderly Room about the free flights to UK to which you are entitled once in every 3 year tour.

Compassionate Leave from Overseas

This is when you need to get home quickly because a close relative is seriously ill or dying. Before you came to Germany, you should have given your relatives a small wallet-sized card (Army Code No 14603 revised 2/90). If not, get one now from your Unit Orderly Room and send it to your parents or next of kin.

It is unnecessary and wastes lots of time if your relatives try to contact you direct to tell you of a family illness or bereavement. They must telephone the Ministry of Defence M3c(A) - telephone 01980 615790 or 01980 615791 or, if they cannot do so themselves, ask the local police or SSAFA representative to make the call for them. In the Irish Republic the telephone number is Dublin 695-211. These instructions are reprinted on this card. UK based civilians have their own arrangements and this paragraph does not apply. Civil Secretariat will give information. Find out now - it may be too late at the time.

Please make sure your relatives know this system. It is the only safe and really fast way of getting you home in an emergency.

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Travel to Airports

Buses are provided from Fallingbostel to Hanover to meet Army flights. Bus timetables are available from your Unit Movements Clerk.

Emergency

If you need transport in an emergency, you should ring your Unit Welfare Office who may be able to help.

Driving

The Car

A vehicle imported into Germany must be British Forces registered within 30 days of its arrival. Unlike in UK, a caravan or trailer must also be registered. An application form is available from the Station BFG Office. Once registered, the BFG Registration Card can be used to buy concessionary petrol coupons from the Petrol Coupon Office in the NAAFI MAX Store.

Insurance

You will need a Green Card. If needed in a hurry, ask the Station BFG Office for advice.

Driving Licence

If you hold a UK or Intercontinental Driving Licence, this may be used for one month from the date of your arrival by which time you should have received your British Forces Licence (BFG Driving Permit).

Application forms may be obtained from the Station BFG Office and they will also advise you where you may take your 'Tick Test'. This test is a multi-choice test on driving abroad and, as the name suggests, most of the answers are given by ticks. Also ask for a copy of the Manual for Road Users in Germany, Belgium and Holland which gives the local Highway Code.

There are two ways of gaining a driving licence, either attend a German driving school which will cost approximately €1200 or attend a school in UK which costs approximately £300.00 including board and lodgings. For further advice contact your Unit Military Transport Officer (MTO).

Roadworthiness

Every car must have an annual road test once it is 3 years old or over. These tests are carried out by the Garrison. Bookings can be made by telephoning Fallingbostel Military 2644.

Petrol Coupons

Petrol coupons are purchased by you for your use, from the Petrol Coupon Office in the NAAFI MAX Store. The Vehicle Registration Card must be produced. It must be completely legible and must not be lent to anyone else. It is illegal for you to use any other person's coupons. You must only use them to buy the type of fuel shown on the coupon.

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Purchasing a Car

There are all sorts of details in buying a car in Germany. If you need help, go to your Unit Welfare Office.

Legal Requirements

You must always carry:

1. Proof of Insurance
2. Identity Card
3. BFG Driving Permit
4. BFG Form 73 (Vehicle Registration Card)

Your car must always contain:

1. First Aid Kit
2. Front & Back Safety Belts
3. Warning Triangle
4. Steering Lock
5. 4-Way Flashers (Hazard Lights)
6. Protective Gloves – 2 pairs.

BFG Vehicle Regulations

Owners of private vehicles arriving in Germany should refer as soon as possible to Standing Order British Army (Germany) 3213. This deals with all aspects of private vehicle ownership, registration, licences, prepayment fuel coupons, insurance etc. It applies to all members of the British Armed Services and UK based civilians in Germany. It is essential that early action be taken because no private vehicle may be driven without BFG registration for more than 30 days from the date of importation.

LHD German Type Plates

If the registered owner of a BFG vehicle with German style plates wishes to transfer ownership of the vehicle to another entitled person, he is not required to remove the plates from the vehicle prior to sale. This becomes the responsibility of the new owner if the BFG Vehicle Licensing Office recalls the existing plates and issues different ones on transfer of ownership (normally if the vehicle changes geographic location in Germany).

All other normal procedures as per transfer of ownership are then to be carried out.

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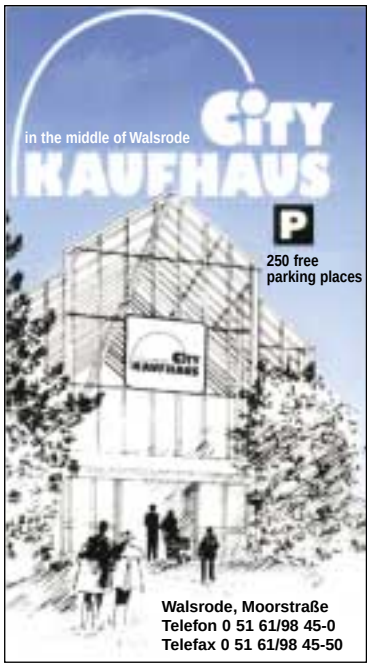

Disposal of Vehicle Onto German Net

If the Registered owner of a BFG vehicle wishes to sell the vehicle to a non entitled person, he is to apply through Customs and Immigration. If the application is granted he is to remove the plates from the vehicle, along with the BFG Form 73 and the Tax Disc (if the vehicle is right hand drive) and return them to the BFG Licensing Office. This action must be carried out if the car is sold or part exchanged with a garage no matter what the garage states is required.

Vehicle Inspections

It is an offence for anyone to whom SO BA(G) apply to drive a vehicle with any defects which might cause the vehicle to be a danger to the driver, his passengers or to the public. SO's require all new vehicles to undergo a light test within the first three months of registration and all vehicles over 3 yrs old to be inspected annually.

Country of Origin Sticker

It is a requirement under International Law for a car outside of its Country of origin to display that Countries identification sticker.

Driving in Adverse Conditions

German traffic laws require that from the onset of darkness, in fog, falling snow, or bad visibility by day, dipped headlights must be switched on, but they are not to be used at other times.

German Law also requires the driver to have adequate vision from the driving seat. In the early morning it is especially important to ensure that windscreen, rear and side windows are properly cleaned so that the drivers view is not obstructed.

Fines

The German Civil Police have the power to stop and fine you on the spot for minor traffic offences. If you do not have the cash, you will be given one week to pay. The GCP will prosecute through the German Civil Courts in serious cases.

Speed Limits

A large proportion of accidents involving service families are caused by drivers exceeding speed limits. Both German Civil Police and the Royal Military Police operate frequent Radar Speed Checks. Service drivers receive no special treatment and can expect to be fined on the spot by the GCP if apprehended.

Service and civilian drivers are reminded that they are required to conform with all traffic signs and regulations within military camps, married quarters and range areas.

In accordance with SOs BA(G), drivers of BFG status and MOD vehicles are to comply with the traffic laws of the countries in which they travel and are not to exceed speed limits indicated by official traffic signs.

The speed limit in Fallingbostel Barracks is 30 kph.

Drink Driving

Drinking and driving is considered a very serious offence by both military and civil authorities. You may be prosecuted for driving in Germany with relatively small amounts of alcohol in your bloodstream. The consequences are very expensive. You are advised to use transport provided by messes and clubs or to use a taxi.

Further Information

For further information on BFG regulations, contact either your local Military Police Station or the Station BFG Office.

Cars and Caravans

Cars

Parking

Cars may only be parked on garage drives, specified roads or authorised car parks. They are not to be parked in, or driven onto, gardens or open-plan grassed areas; nor are these grassed areas or gardens to be altered in any way to provide car parking facilities.

Maintenance

Only routine, simple maintenance is permitted to cars in quarter areas. You may not carry out oil changing, washing or major maintenance on car parking areas. Under no circumstances may engine oil be poured into the drainage system or emptied on to the soil.

Car Noise

The sounding of car horns, slamming of car doors and revving up of engines should be avoided especially between 2200 and 0700 hrs.

Garage Areas

If you are allocated a garage, you are responsible for the cleanliness of the area in front of your garage. This includes snow clearance. Keep garage doors closed at all times.

Caravans, Mobile Homes, Trailers and Boats

Parking of caravans, mobile homes, trailers and boats on open-plan grassed areas, gardens, driveways or on roads in front of quarters is not permitted. Apart from being an eyesore, this practice creates a security risk. Any damage to the grass in front areas or rear gardens caused through parking a caravan or mobile home will be billed to the occupant on handover. They may, however, subject to any parking restrictions in force, be parked in front of quarters for a period of one day for loading and unloading. In the long term, they must be parked in unit lines by prior arrangements with the units concerned.

Insurance

The Requirement

Married servicemen, irrespective of rank, need insurance. All personal possessions cost money and some of the items that people are able to afford in Germany are very expensive. It makes sense to spend a few pounds a year on insurance cover so that, in the event of loss or damage, the policy holder will be compensated by the insurers. The types of insurance which should be considered are:

Personal Effects Insurance

A personal effects policy may cover all personal effects of the family against loss, due to fire or theft and damage. Cover can also be arranged for the military clothing and equipment issued to the serviceman for his personal use. In addition, cover can be arranged for the accidental loss of or damage to furnishings and fittings in the married quarter.

Personal Liability Insurance

This can normally be arranged as part of the personal effects policy and offers protection against any accident occurring to a third party. This is strongly recommended for married personnel in quarters in Germany for if, for example, a pedestrian should slip and suffer injury on an icy pavement outside a house, the injured party has a legal right to demand compensation from the occupier of the house. This could result in a hefty bill for damages or court costs. Cover also includes ownership of cats, dogs and horses.

Medical Expenses Insurance

This form of insurance is strongly recommended when considerable travelling around Europe is envisaged. Although free treatment may be available in EEC countries under EEC arrangements, unless the individual has the correct documents, payment is normally required at the time of treatment. With medical insurance, the doctor or hospital will forward the bill to the insurers for payment.

Life Insurance

All married servicemen should also consider life insurance and there are many good commercial and Army schemes. Advice on all forms of insurance is freely available from Unit Pay Offices and all Unit Paymasters have access to specialist insurance advisers who will provide good, unbiased advice based on the individual's needs.

Please refer also to the Classified Index of Advertisers in this Guide.

Going on Leave

Your Quarter

If you go on leave or the quarter is unoccupied, leave one set of keys with the Welfare Office or inform them who has a key. Inform the RMP (2223/2245) that you will be on leave. Occupants who intend to leave their married quarter unoccupied during the winter season should take the following action:

- Leave the heating boiler working.
- Set the control thermostat to maintain a minimum room temperature of 10 C.
- Leave all radiators on.
- Ensure that all windows, especially the cellar and attic windows, are closed.
- Having given a friend, neighbour or Families Officer a key, arrange for the quarter to be visited frequently by them to check for security, blocked drains and signs of dampness.
- Shut off main water valve, drain down the cold water system by opening taps, not forgetting to flush WCs to empty the cisterns. Place salt in the pans of WCs, sinks, bath and wash basin wastes.

Where possible, arrange with a neighbour to get in supplies for you - NAAFI, etc - for your return and to inform the Estate Warden so that the water system can be refilled.

- Or On Posting

Did you know that the Cotswold Families Centre at Corsham, Wiltshire, offers accommodation to those of you who are on leave between postings, or awaiting quarters? The Cotswold Centre has 110 quarters with, amongst other facilities, an amenity centre, community centre, medical centre, a school, a pre-school playgroup and a NAAFI shop. If you are entitled to a married quarter, you can stay as long as you like at reasonable cost. In order to book accommodation and find out costs you should see your Unit Welfare Office.

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Fallingbostel PAYD Overview

PAYD is more than simply paying as you dine.
In Germany, NAAFI has been asked to work in partnership with BFG to bring greater choice, more flexibility and a fairer payment system to everyone. This includes the full integration of food supply and catering with retail and leisure.
Fallingbostel, with its 4 regiments and other detached squadrons, is home to a military community in excess of 4000 people, with a high proportion of young families.
With varying backgrounds, life stages and lifestyles, the needs of community segments are very different. A young single soldier has a different lifestyle from a married officer and, while troops are on exercise, young wives and children have their own very different needs.
The introduction of PAYD in June, 2005 has allowed NAAFI to work in partnership with Fallingbostel station command to focus on recognising and meeting these diverse needs, to provide an improvement in quality of life for all.
Insights gained in consumer research have allowed us to rethink and fine-tune the catering, leisure and retail services across the station…. differentiating the complementary offers and styles of all the outlets to address the needs of both the modern soldier and the wider community.
Some continue to operate well as they were, with slight modifications, while other facilities have undergone a complete transformation.
In terms of places to eat, there are now:

- two main restaurants – now open to families and civilians
- a new Bistro – popular throughout the day
- two new NAAFI wagons - delivering snacks and drinks to workplaces
- improved 'food to go' offers in the revamped Max and two Express stores
- improved vending facilities across the station
- a new fish and chip takeaway
- three clearly different leisure clubs
- two new amusement Zones – attached to Heroes and the Max
- and a venue for major events and private hire

…as well as four SNCO and four officers' messes
In a little more detail, the new, refreshed or refocused facilities in the past year include:

Restaurants (St Barbara's and Fuller's)

The main restaurants focus on an attractive Pay as you Dine menu of three core meals a day whilst offering a wide selection of additional choices to consumers.
This meets the needs of single soldiers to eat well and economically, and also offers value for money choices for all members of the community.
A popular recent innovation is the introduction of family Sunday lunch.

The Bistro

The Bistro has been a family favourite since opening a year ago … a conven-

ient meeting and eating place for everyone… serving breakfasts, snacks and meals throughout the day with a selection of beers and wines.
Leisure and entertainment are a key part of social life on the station. Different outlet styles and moods geared to different community needs here allow consumers to choose for themselves to suit the occasion …….

Heroes

Heroes is a sports and entertainment bar for Junior Ranks.
A good range of beers, stadium style food, regular entertainment, great sound system and live sports broadcasts all make for a place where you are guaranteed a good time. The Zone is a vending and amusement area

Bar 12

Bar 12 is an all day café bar - a popular choice for all ranks, civilians and partners.
Serving light snacks and coffees during the day, the interior design creates a relaxed, lounge feel. In the evening, the lounge transforms into a lively bar with a great atmosphere.

The Lion

The Lion is a traditional family pub, with garden and indoor play area, open to all ranks and civilians.
The menu here offers a wide selection of traditional food, with great choices for the kids, and a weekly entertainment programme makes it a firm favourite.

Fish and Chips

The Fish & Chip trailer based at The Lion is a popular innovation which remains open till late at the weekend.

The Venue

The Venue is open for special events and available for private hire.
With a good variety of live entertainment, it is becoming a regular fixture in many diaries.

The Max

The Max store, one of the top 3 in Germany, has been revamped completely as the template for NAAFI's Store of the Future and has added a strong convenient 'Food to Go' service. Ideal for the weekly family shop, top ups and treats.
The food hall now offers the widest range of food and drink, including hundreds of Tesco lines, while the new stylish home & leisure hall is well worth a visit for electrical goods, entertainment, duty free perfumes and toys.
The Max also houses the Post Office, NAAFI Finance, Internet access and petrol coupons can be bought here.

Express stores (Wessex and Lumsden)

The two Express stores in Fallingbostel are consistently among the most heavily used in Germany and offer convenient times and ranges for the single soldier's daily needs and for family essentials.

Facilities at Fallingbostel have been developed to deliver choice, quality and good value across catering, leisure and retail – against the identified local needs of soldiers and their families on the station.
These facilities and services will continue to evolve with feedback from you. Let us know your views - by writing in the comments book in all restaurants, completing and returning our consumer surveys or by speaking to any member of staff.
Your feedback is much appreciated.

Community RMP Police Station, St Barbara's Barracks.

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Kennels, Cattery and Vets

UKSC(G) DASU RAVC at Sennelager runs boarding kennels and cattery. This is cheaper than using German ones. They have a veterinary surgeon on the premises. Telephone Sennelager 05254 3750.
A clinic for all animals is open on: Monday to Thursday 1630 – 1830 hrs and every other Sat 0915 – 1030 hrs, vaccination clinic only.

German Vets

German vets are also good but do not always speak English and can be more expensive. Look in the German telephone directory under Tierarzte.

Rabies

Rabies (Tollwut) is prevalent in this part of Germany. Rabies areas are declared in local newspapers and in the Heide Magazine when new outbreaks are discovered. Keep yourself up to date with prevalent areas. In a rabies are, dogs must be kept on a lead or under the strict control of their owners at all times. Cats must not be let out to roam at night.
Do make sure you follow these local German laws. The penalty for not doing so can be a heavy fine or, if your dog is found wandering, it may legally be shot on the spot. Ensure that your dog has an up to date rabies injection.

Parvovirus

You are advised to have your dog immunised against Parvovirus in Germany.

Domestic Pets

A limited number of domestic pets are allowed in SFA (2 cats or dogs or 1 of each) but permission must be first obtained from the Station Staff Officer. Dogs must wear a legible identity disc on their collars showing the serial number allocated annually by the SSO when the dog is registered. It costs €5 to register a dog or cat through the SSO's Office and **re-registration of all dogs and cats must take place each year.** Cats must be neutered/spayed before arrival in Station.
Permission to keep a dog or cat will only be granted by the Station Staff Officer. Applications must be made in writing through the Unit Welfare Officer.
If permission is granted, a letter will be sent via the Unit Welfare Office. Personnel must then report to the Station Staff Office with the vaccination certificates for the dog/cat and €5 for registration/re-registration. A pet tag will then be issued.

Pets can only be registered:

Monday – Friday 0845-1215 hrs

Station Staff Office, Station Headquarters

MB55 Lumsden Barracks

Advice on move of animals

UKSC(G) DASU RAVC Sennelager, telephone civilian 05254 85405, or your

local BFG Customs and Immigration are happy to advise you on quarantine / Pet Passports and moving your pet back to the UK at the end of your tour.

Restricted Breeds

There is an importation ban on the following breeds of dogs and any cross breeds thereof:

Pit Bull Terriers
Bull Terriers
American Staffordshire Terriers
Staffordshire Bull Terriers

In addition, Station Orders ban the following breeds of dog or cross breeds thereof:

Brazilian Fila	Japanese Tosa
Dogo Argentino	Ovcharka
Tosca Inu	Neopolitan Mastiff
Spanish Mastiff	Band Dog
Roman Fighting Dog	Dogue de Bordeaux
Caucasian Ovoharka	Filo Brasiliero

This means that personnel cannot bring any of these breeds or cross breeds thereof to Germany.
The German authorities can impose a fine of up to €100,000 on personnel not observing this law.
Personnel in Qtrs in Obereteich Str. are not allowed to keep dogs.

Station Youth Club, MB62
Wessex Barracks.

Station HQ GLSU, MB55
Lumsden Barracks.

New Soldiers Restaurant,
Wessex and Lumsden Bks.

Jerboa Cinema, Lumsden Barracks.

UK & BFG Websites

Adventure Sports Online
www.adventuresports.com

Airwaves-RAF Families Association
www.airwavesforfamilies.com

Army Benevolent Fund
www.armybenfund.org

Army Families Federation
www.aff.org.uk

Army Welfare Service - Home Page
www.army.mod.uk/aws

British Army - Home Page
www.army.mod.uk

Directory of Essential Services
www.scoot.co.uk

Ex-Service Housing
www.haighomes.org.uk

Help With Moving Home
www.ihavemoved.com

Information on UK Neighbourhoods
www.streetmap.com

Information on your Local Area
www.upmystreet.com

Joint Service Housing Advice Office
www.army.mod.uk/jshao

Naval Families Federation
www.nff.org.uk

Postal Services
www.bfpo.org.uk

Royal Air Force Community Support
www.rafcom.co.uk

Royal Air Force - Home Page
www.raf.mod.uk

Royal British Legion
www.britishlegion.org.uk

Royal Marines - Home Page
www.royal-marines.mod.uk

Royal Navy - Home Page
www.royal-navy.mod.uk

Royal Navy & Royal Marines Reference Site
www.rnreference.mod.uk

SSAFA/Forces Help
www.ssafa.org.uk

Wide Range of Financial Services
www.naafi-financial.com

Yellow Pages
www.yell.co.uk

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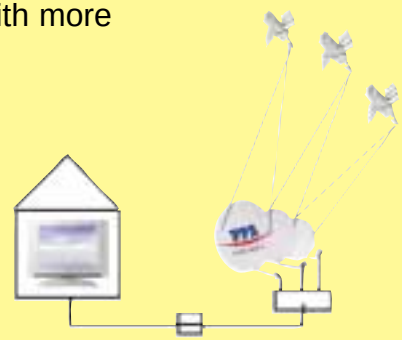

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