



Life Route Plan

Life is a journey. On this path, note any events that have had a significant impact on you, for good or for bad, up until today. Then try to plan out the significant events of your life over the next 10 – 20 years. What are your hopes? Your dreams?

Then repeat the exercise, imagining that you are someone from a less economically developed country such as Malawi, Niger or Zambia. Use empathy skills to realistically plot their life journey.



TODAY

TODAY